

# Menu

## SOUPS, STARTERS & SNACKS

<p><b>SOUP OF THE DAY</b> with warm bread <b>£4</b> GFO</p>	<p><b>CULLEN SKINK</b> with warm bread <b>£5</b> GFO</p>	<p><b>CLASSIC FRENCH ONION</b> gratinated crostini <b>£5</b> GFO</p>
<p><b>CHICKEN LIVER PARFAIT</b> onion chutney &amp; oatcakes <b>£7.50</b> GFO</p>	<p><b>PANKO CHEESE CROQUETTES</b> tomato salsa <b>£6</b> V VE</p>	<p><b>BRAISED SHORT RIB OF BEEF &amp; SAUSAGE BRADIE</b> BBQ baked beans <b>£6.50</b></p>
<p><b>SLICED BEEF TOMATO &amp; MOZZARELLA SALAD</b> basil oil, croutons <b>£7</b> V VE</p>	<p><b>HAGGIS &amp; PANCETTA SAUSAGE ROLL</b> whisky &amp; cracked black mayo <b>£7</b></p>	<p><b>SAUSAGE &amp; BLACK PUDDING SCOTCH EGG</b> curried mayo <b>£6.50</b></p>
<p><b>CRUNCHY CHICKEN BITES</b> almond &amp; panko coated, chimichurri <b>£5.50</b></p>	<p><b>AVOCADO ON TOAST</b> crushed avocado, radish, toasted sourdough <b>£5</b> V VE GFO</p>	

## SOUL SANDWICHES

ALL £6.50

<p><b>VTL CLUB</b> smoked tofu, sweet potato, cashew mayo, lettuce, mature cheddar V VE GFO</p>	<p><b>BEETROOT &amp; KALE WRAP</b> roasted beets, kale pesto, crispy chickpeas, pumpkin seeds, shallot &amp; radish salad V VE GFO</p>	<p><b>HAGGIS &amp; CHEESE TOASTIE</b> black haggis, mature cheddar, shallot purée, toasted sourdough</p>
<p><b>CHICKEN CAESAR WRAP</b> roast chicken, house Caesar dressing, cos lettuce, parmesan, croutons GFO</p>	<p><b>HOUSE CLUB</b> charred chicken, crispy local bacon, free range fried egg, gem lettuce, Swiss cheese, honey mayo GFO</p>	<p><b>FISH FINGER SANDWICH</b> haddock goujons, tartare sauce, pea shoots, toasted bloomer</p>
<p><b>BBQ CHICKEN WRAP</b> crispy chicken, BBQ sauce, cos lettuce, house slaw</p>		<p><b>SEARED MINUTE STEAK</b> braised ale onions, charred bloomer GFO</p>

## SOUL CLASSICS

<p><b>SOUL BURGER</b> Swiss cheese, salad, house relish, burger mayo, shoestring fries ADD CRISPY BACON: £1 <b>£13</b> GFO</p>	<p><b>FISH N' CHIPS</b> panko or house batter, mushy peas, tartare sauce <b>£13</b></p>	<p><b>CHICKEN FAJITAS</b> skillet cooked, dips &amp; wraps <b>£13</b> GFO</p>
--	---	---

ALL V GF

## SIDES

ALL £4

<p><b>CREAMED MASH POTATOES</b></p>	<p><b>CRUSHED NEW POTATOES</b></p>	<p><b>GARLIC BREAD</b></p>
<p><b>ROASTERS</b></p>	<p><b>CHARRED AVOCADO &amp; CHIMICHURRI</b> VE</p>	<p><b>SALT N' PEPPER FRIES</b> VE</p>
<p><b>GARLIC POTATO WEDGES</b> VE</p>	<p><b>CAESAR SALAD</b> GFO</p>	<p><b>CAJUN FRIES</b> VE</p>
<p><b>HOUSE SLAW</b> VE</p>	<p><b>SHOESTRING FRIES</b> VE</p>	<p><b>BBQ BAKED BEANS</b> VE</p>

V - Vegetarian VE - Vegan GF - Gluten Free GFO - Gluten Free Option Available

Please notify your server of any allergies when placing your order.

Served Daily from 12pm

#SoulFood

f t i /SoulAberdeen

# Menu

## HOUSE MAINS

### NORTH EAST CARAMELISED ONION BANGERS & MASH

*smoked bacon gravy*

£13

### SMOKED MUSHROOM & BLACK BEAN BURGER

*Cajun fries, tarragon aioli*

£13

V VE GFO

### CLASSIC MAC N' CHEESE

*crispy onions, garlic bread*

£12

V VE

### NORTH SEA FISH PIE

*cheesy mash, green bean  
& pea fricassee*

£15

### BRAISED STEAK MINCE

*glazed carrots, homemade dough balls*

£10

GFO

### PANKO CHICKEN KIEV

*crushed herbed peas, garlic potato wedges*

£13

### SKIRLIE STUFFED BEEF OLIVES

*black pudding, lentil jus*

£14

### SMOKED PAPRIKA SAUSAGES

*garlic mash, caramelised onion, tomato ragu*

£14

V VE

### CHICKEN & VEGETABLE GRAVY PIE

*roasters, Scotty's skirlie*

£13.50

### FILLET OF COD

*crushed potatoes, shallot purée,  
charred leeks, tomato salsa*

£14

GF

## SOUL GRILL

ALL GF

*All served with garlic green beans, beer braised onions & watercress salad*

### 28 DAY AGED 8OZ RIB EYE

£26

### 8OZ FILLET

£30

### 8OZ FLAT IRON STEAK

£20

### 5OZ FLANK STEAK

£15

ALL GF EXTRAS ALL £1.50

FRIED EGG

LARGE CRISPY ONION RING

ROASTED BEEF TOMATO

ALL GF SAUCES ALL £2.50

CHIMICHURRI

PEPPERCORN

BEEF JUS

TARRAGON AIOLI

## DESSERTS

ALL £5

### DARK CHOCOLATE & GLAZED WALNUT TART

*raspberry Eton mess*

### WHITE CHOCOLATE CHEESECAKE

*mango purée, meringue shards*

### CHOCOLATE TIRAMISU BOWL

### RHUBARB & VANILLA

*toasted oat crumble, almond custard*

VE

V - Vegetarian VE - Vegan GF - Gluten Free GFO - Gluten Free Option Available

*Please notify your server of any allergies when placing your order.*

Served Daily from 12pm

#SoulFood

f t i /SoulAberdeen